

You'll need somewhere to sit down in your dressing room, even if it's just for putting on shoes. A backless stool will take up barely any room and can pop under a shelf or dressing table when not required. A seat with lift-up storage is less portable but perfect for stashing off-season clothing or awkward items like hats. Boost your room's sanctuary status by including an armchair or chaise longue – perfect for a much-needed rest (aka mindlessly scrolling social media) after you've put the laundry away.

Large bedrooms can feel a little too cavernous and uninviting. Divide and conquer with a 'wall' of wardrobes to create a private dressing area in the bedroom. A simple stud wall will make the situation permanent, and provide a base for fitted wardrobes on one side, and the bed headboard on the other. A freestanding modular wardrobe can also work well. You'll end up with a bedroom that's much cosier, not to mention clutter-free.

Below Mikado wallpaper in Nickel, £72 for a roll, Romo. Design by Clare Gaskin Interiors

Cole & Son's Cow Parsley wallpaper, £85 per roll, Select Wallpaper & Fabric. Soak's horizontal colosseum double panel traditional white radiator, from £159.99, is similar. Design by Fiona Campbell Design

As a fairly private domain, a dressing room is perfect for testing out some of your bolder decorating ideas. Experiment with paint techniques you've admired on Instagram. Stencils, stickers and low-tack tape can prove an effective and cheaper way to introduce design pattern. Saying that, since the walls aren't vast, a little bit of that expensive designer wallpaper you've been lusting after will go a very long way.

A radiator is non-negotiable in any room designed to get naked in but calculate the BTUs required before you order (Google BTU calculator for a quick and easy answer). Too hot, and you'll have sweat patches before you even leave the house; too cold and you will never want to strip off. A classic column radiator will look classy beneath a sash window, or go for a slimline, vertical design to leave wall space for wardrobes.

FIVE THINGS... you'll only know if you have a dressing room

ONE

You have a LOT more clothing in your wardrobe than the nine per cent (OK, four per cent) you actually wear. You'll know this because you can see each individual item; yet still the same old faithfuls are wheeled out time and again. Sigh!

TWO

Exactly how many zits/stray chin hairs need to be blitzed each day, thanks to your super new magnifying mirror – no more accidental Bearded Lady outings! Also, say 'hi' to each fresh 'laughter line'. Bad mirror.

THREE

What that chair in the corner of your bedroom looks like – because it's not buried beneath three 'weeks' worth of 'worn but not dirty' outfits. But the chaise in your dressing room? Who knows what colour that bad boy is/was?

FOUR

You'll still always be running late for work/the school run/drinks with your BFFs, but you'll be much less stressed and flappy when you finally do arrive. And your eyebrows will be on fleek.

FIVE

There is no such thing as too many handbags, especially now you have plenty of space to hide them. What, this old thing? Had it for years... (stealthily removes tag).